Constant learner who enjoys challenges and Into the Realm of Mental health and Education.

## Work History

2024-03 -	Junior Research Fellow, PhD Scholar	
Current	NTU Singapore & Bits Pilani Goa, Goa, Singapore Working on SPARC Project on Collaborative	
	education and classroom psychology. Pursuing PhD in Educational Psychology	SWATHI PS Junior Researcher and
2021-09 -	Psychologist	PhD Scholar
Current	Freelance, Remote	
	<ul> <li>Implements psychotherapeutic techniques tailored towards each client"s specific</li> </ul>	Contact
	symptomatology while monitoring progress throughout treatment duration.	<b>Address</b> Goa AS
	<ul> <li>Led psychoeducational classes, workshops and seminars.</li> </ul>	<b>Phone</b> 9400210354
2022-12 - 2024-03	Research Fellow	E-mail
	<ul> <li>TATA INSTITUTE OF SOCIAL SCIENCES</li> <li>Principal investigator of a research work on 'Cyber bullying' under Youth mental health</li> </ul>	swathiperikamanal@gmail.c om
	fellowship	Skills
2022-09 - 2024-03	Assistant Professor, Department of	1st Rank in MSc Clinical and
	Psychology	Counseling Psychology
	<ul> <li>JAIN UNIVERSITY</li> <li>Teach, guide research projects and dissertations, psychology competitive exam coaching.</li> </ul>	Cleared IJGC NET- 3 consecutive times
2021-09 - 2022-08	Research Assistant	Cleared IJGC JRF
	NIMHANS	Cleared GATE- All India Ran
	<ul> <li>International project with JOHN HOPKINS University, implemented the research outcome</li> </ul>	93
	and incorporated it in Government actions	Languages
2020-12 - 2021-12	Psychology Coach	English
	ENTRY APP	Kannada
	<ul> <li>App based education and coaching for</li> </ul>	Kunnuuu

Malayalam

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Psychology government exam aspirants

### **Education**

Tamil

Hindi

#### B. sc: psychology, chemistry, botany

SDM degree college, manglore university - IJjire

# M. sc: clinical and counselling psychology

SDM PG, manglore university

2022-07 -PGD: Counselling And Family TherapyCurrentIGNOU - India

### Leadership

Selected as President of Psychological association PEACE, SDM PG Centre Selected as Secretary of Psychological association COGNITO, SDM College Selected as 'Student Faculty' for UG and PG course twice in 2018 and 2020.

### **Additional Information**

- Published one paper on Gender stereotypes and Homophobia
- Presented 8 papers in International/ National
- Conferences
- Guided 40+ Students for Research and Dissertation Attended workshops on
- Art therapy, Psychotherapy, Mind-body Dynamics, Quantitative and Qualitative Research methods and Analysis