

# AASTHA

PhD Scholar | Psychologist | GATE 2023 AIR-93 |  
NET JRF Qualified

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## PROFESSIONAL SUMMARY:

Dedicated psychologist and full-time PhD scholar with a strong academic background in psychology and research methods. Currently researching Theory of Mind, focusing on how individuals understand and interpret others' thoughts and intentions. Experienced in working with adolescents as a mental health professional, providing psychological support and interventions. Passionate about exploring human behavior, social interactions, and the cognitive mechanisms underlying perception and relationships.

## AREAS OF EXPERTISE:

- ✔ Quantitative and Qualitative Research Methods
- ✔ Microsoft Office, G Suite Apps, SPSS, NVivo
- ✔ Efficient Communication Skills
- ✔ Intervention Development and Psychometric Testing
- ✔ Active listening, Case History taking, Report Writing
- ✔ Client/Participant Interviews

## EDUCATION

**2024- Present | Birla Institute of Science and Technology- Pilani (Goa Campus)**

PhD Scholar, Humanities and Social Sciences

**2021 - 2023 | Manipal University, Jaipur**

MSc. Clinical Psychology | Gold Medalist

**2017 - 2020 | Christ University, Bangalore**

BSc. Psychology Hons.

**2015 - 2017 | Modern Sr. Sec. School, Kota**

Higher Secondary Education & Matriculation

## CONFERENCES AND PUBLICATIONS:

December 2019 | Paper Presentation | International Conference of Multidisciplinary Approaches for Children and Youth

July 2024 | Conference Presentation | International Conference of Environmental Psychology

## SIDE HUSTLES & INTERNSHIPS

**Cadabams | Bengaluru**

Trainee Clinical Psychologist | July 2022- August 2022

**BecauseYOU | Bangalore**

Community Research Internship | March 2020 - April 2020

**RunAway App | Boston, Massachusetts**

Peer Support Volunteer | September 2019 - October, 2019

**Jaiswal Institute of Neuroscience | Kota**

Observing Clinical Psychologist | May 2018 - June 2018

**@genda.phool | October, 2020- Present**

Self Small business initiative | Specializing in hand-painted jewelry and customized gifts

## PROFESSIONAL EXPERIENCE

**Allen Career Institute, Kota**

Counselling Psychologist | August, 2023 - December, 2024

**Education Initiatives, Bangalore**

Residential Counsellor | July, 2020 - January, 2021

## CERTIFICATIONS

- Neuro-Linguistic Programming
- QPR Gatekeeper Training
- Managing ADHD

## LANGUAGES:

English, Hindi (Fluent)  
German, Spanish, French (Intermediate)

## HOBBIES:

Painting | Fitness Activities | Cooking